



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 03186, Babyfood, cereal, mixed, with bananas, dry

Report Date: June 24, 2017 23:00 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	4.50	--	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	391	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Energy	kJ	1636	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Protein	g	10.70	--	0.100	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Total lipid (fat)	g	4.60	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Ash	g	3.10	--	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Carbohydrate, by difference	g	77.10	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Fiber, total dietary	g	7.8	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Sugars, total	g	6.68	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Sucrose	g	1.82	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Glucose (dextrose)	g	2.44	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Fructose	g	2.36	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lactose	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Maltose	g	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Galactose	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Minerals													
Calcium, Ca	mg	696	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Iron, Fe	mg	47.50	--	--	--	--	--	--	--	--	Value manufacturer based label claim for added nutrients	--	02/1995
Magnesium, Mg	mg	90	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phosphorus, P	mg	367	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Potassium, K	mg	668	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Sodium, Na	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2010
Zinc, Zn	mg	1.40	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.256	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Selenium, Se	µg	20.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	3.6	--	0.500	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	3.780	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Riboflavin	mg	3.560	--	0.110	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Niacin	mg	20.560	--	0.390	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin B-6	mg	0.408	--	0.031	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, total	µg	17	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	17	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Folate, DFE	µg	17	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Choline, total	mg	28.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.24	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	µg	51	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, alpha	µg	49	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin A, IU	IU	125	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Lutein + zeaxanthin	µg	96	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Vitamin E (alpha-tocopherol)	mg	0.51	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Tocopherol, gamma	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Tocopherol, delta	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	3.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Lipids													
Fatty acids, total saturated	g	0.846	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
14:0	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:0	g	0.706	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:0	g	0.049	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total monounsaturated	g	1.223	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:1 undifferentiated	g	0.015	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:1 undifferentiated	g	1.203	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated	g	1.734	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:2 undifferentiated	g	1.639	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:3 undifferentiated	g	0.054	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Amino Acids													
Tryptophan	g	0.126	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Threonine	g	0.363	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Isoleucine	g	0.430	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Leucine	g	0.956	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Lysine	g	0.460	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Methionine	g	0.218	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Cystine	g	0.205	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Phenylalanine	g	0.546	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Tyrosine	g	0.439	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Valine	g	0.604	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Arginine	g	0.505	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Histidine	g	0.319	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Alanine	g	0.437	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Aspartic acid	g	0.783	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Glutamic acid	g	2.478	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978
Glycine	g	0.369	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proline	g	0.863	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Serine	g	0.505	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2003